

Labyrinth

at St Luke's Christchurch

Corner Manchester and Kilmore Streets
(Behind the White Chair Earthquake Memorial)

A labyrinth is a pattern marked on the ground or floor that is walked as an aid to reflection and meditation. While not specifically Christian in origin or in contemporary use, it has ancient roots as a tool for developing Christian spirituality. A labyrinth has only one path and is not a maze. You cannot get lost in a labyrinth. The journey generally consists of three parts – the journey in, being at the centre, and the journey out.

The labyrinth is viewed as a metaphor for life's journey. It offers lessons as we walk the path. Walking the labyrinth assists us to address challenges, meditate, pray, and find peace and serenity.



The Light House

Always Open

Guided Walk 10am Saturdays
(Caution Uneven Ground)



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