

# The Light House

# **Labyrinth Day**

## **LABYRINTHS**

Walking a Sacred Path

4 Redruth Ave, Spreydon, Christchurch

Rose Isbell will introduce the labyrinth, and talk about their history, and the Labyrinth at Chartres Cathedral in France.

Grace Cathedral in San Francisco has three labyrinths, and interest has spread around the world.

You will hear about Labyrinths you can visit in New Zealand.

There will be an introduction to walking a Labyrinth, and an opportunity for a Labyrinth walk and a finger walk.

Rose is a Certified Facilitator with Veriditas.

### **Details**

Refreshments are provided

Bring your own lunch

No registration required

\$15.00 Koha appreciated

Numbers limited to 25

Facebook: Labyrinth at The Light House

Contact: [www.roseisbell.nz](http://www.roseisbell.nz)

# **WALK FREE!**