

Keep Walking

- 1 Finger App on your phone**
Labyrinth Journey
- 2 Walk Labyrinth at The Light House**
10am Saturdays, weather permitting
4 Redruth Avenue, Spreydon
- 3 Follow on Facebook**
Labyrinth at The Light House Christchurch
Labyrinth at St Luke's Christchurch
- 4 Wear a Labyrinth T Shirt**
<https://thepurplemelon.com/>
- 5 Join Veriditas**
<https://www.veriditas.org>
Follow their activities
- 6 Join Australian Labyrinth Network**
<https://www.aln.org.au>
- 7 Do finger walks on zoom**
Veriditas Saturdays (for members) – alternating 9am, 1pm NZT

Trinity Episcopal Cathedral monthly
<https://www.trinity-episcopal.org/labyrinth>
- 8 Do finger walks at home**
Use a printed labyrinth
<https://www.worldlabyrinthday.org/resources/finger-labyrinths>

Buy from Veriditas shop
<https://www.veriditas.org/labyrinth-shop#!/Handheld-labyrinths-finger-labyrinth>

Buy from [Amazon](#) (Search Finger Labyrinths)
- 9 Make beach labyrinths**
Suggest New Brighton on Saturdays
Full moon, New Year

- 10 **Draw chalk labyrinths on paths**
Flour labyrinths on grass
- 11 **Talks and seminars**
If interested let me know
rose@thelighthouse.co.nz
<https://www.roseisbell.nz/contact-us>
- 12 **World Labyrinth Day 4/5/24**
<https://www.worldlabyrinthday.org/about/world-labyrinth-day>
- 13 **Labyrinth for Christchurch (Give a Little)**
Please donate for a canvas labyrinth
<https://givealittle.co.nz/cause/labyrinth-for-christchurch>
- 14 **Buy your own portable labyrinth (Veriditas)**
<https://www.veriditas.org/canvaslabyrinth>
- 15 **Build one in your back garden**
Facebook Labyrinth Makers Forum
- 16 **Lobby or fundraise for permanent public labyrinth**
Join The Labyrinth Society
<https://labyrinthsociety.org/about-labyrinths>

Australian Labyrinth Network Resources
<https://aln.org.au/build-a-community-labyrinth>
- 17 **Walk other labyrinths**
World Labyrinth Locator
<https://labyrinthlocator.com/>
- 18 **Train to become a Labyrinth Facilitator**
<https://www.veriditas.org/ft>
- 19 **Go on a pilgrimage to Chartres**
<https://www.veriditas.org/chartres>

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