

HOMOEOPATHIC FIRST AID TREATMENT FOR SURGERY

ARNICA 30c

Each dose is 2 tablets or 4 drops onto the tongue.

One dose before the operation.

One dose can be given hourly for the first 6-12 hours after the operation, then 3 times a day while pain lasts.

RESCUE REMEDY

Rescue Remedy can be administered up to hourly if required, 4 drops are given onto the tongue.

GENERAL

If there are any complications other remedies may be advisable.

If further treatment is required, constitutional treatment can be given by a Homoeopathic doctor.

HOMOEOPATHIC FIRST AID TREATMENT FOR LABOUR

ARNICA 30c

Each dose is 2 tablets or 4 drops onto the tongue.

One dose at onset of labour and every 15 minutes if required for pain during labour. Afterwards one dose 4 times daily to help with bruising.

RESCUE REMEDY

Rescue Remedy can be administered up to hourly if required, 4 drops are given onto the tongue.

GENERAL

If there are complications during labour other remedies may be advisable. Some midwives are especially conversant with Homoeopathy in labour.

Afterwards, if there are problems with bruising, the episiotomy, establishing breast feeding or depression etc. other remedies could be indicated.

For these you are advised to consult a Homoeopathic doctor.

Dr Wendy Isbell
Bealey Homoeopathic Services
177 Bealey Avenue
Christchurch
Phone 03-366 0508, 03-366 1000
Fax 03-366 1000