

## TREATMENT FOR CHILDHOOD INFECTIONS

Once a child shows signs of an infection various Homoeopathic remedies can be used to alleviate the symptoms.

Choose the remedy best suited to the child's symptom picture. The common potency for first aid use is 30c. The dosage is 4 drops onto the tongue or suck 2 tablets 3 times day for 2-3 days, then reassess the symptom picture. Take tablets and drops one hour away from food or drink. If symptoms persistent you are advised to contact your Homoeopathic doctor for treatment.

### MEASLES

- Aconite:**
- In early stages.
  - Restless, eyes ache in the light.
  - Eyes and nose streaming.
  - Fever and burning, itchy skin.
  - Hard croupy cough, thirsty.
- Belladonna:**
- Restless, flushed, thirstless.
  - Bright red rash, red eyes.
  - Dry cough, sore throat.
  - Bothered by noise, light, jarring.
- Pulsatilla:**
- Restless and whingeing.
  - Wants comforting and cool air.
  - Cough, dry at night, looser in the day.
  - Dry mouth but seldom thirsty.
  - Thick yellow nasal discharge.
- Bryonia:**
- Will bring out the rash when its slow to appear
  - Cough dry and painful.
  - Worse from movement, wants to lie still.
  - Thirsty for large amounts of cold water.
  - Dull looking, swollen face.
  - High temperature, chilly shivers.
- Gelsemium:**
- Alternating chills and fever.
  - Sneezing, sore throat, burning nasal discharge.
  - Heavy headache.
  - Drowsy, lids heavy with inflamed eyes.
  - Face dark-red and swollen.
  - Harsh croupy cough with hoarseness.
  - Much itching with the rash.
- Kali Bich:**
- Brassy cough.
  - Earache and nausea.
  - Eyes water and eyelids stick together.
  - Stringy, ropy discharges.
- Euphrasia:**
- Running nose, watery sore eyes.
  - Eyes sensitive to the light.
  - Harsh cough, headache.

**CHICKEN POX**

- Aconite: -For early stages of restlessness, anxiety and high fever.
- Ant Tart: -Delayed large pustular eruptions.  
-Whining and wants company.  
-Drowsy, sweaty and nauseated.
- Belladonna: -Flushed and hot skin.  
-Drowsy, but unable to sleep.  
-Severe headache.
- Gelsemium: -Drowsy, tired no thirst.  
-Limbs feel achy and heavy.
- Mercurius: -For later stages should vesicles discharge.
- Pulsatilla: -Tearful and thirstless despite a fever.
- Rhus Tox: -Intense itching.  
-Extreme mental and physical restlessness.
- Ant Crud: -Irritable, doesn't want to be touched, bathed or looked at.  
-White coated tongue.  
-Cries easily.

**MUMPS**

- Aconite: -Use in early stages for restlessness and fever.
- Pilocarpus: -The main mumps remedy.  
-Covers all symptoms including severe headache, relieves pain.
- Rhus Tox: -Swelling on the left side.  
-Jaw painful and stiff.  
-Worse when wet or cold.
- Belladonna: -Inflammation on right side with bright redness.  
-Violent shooting pains.  
-Glowing redness of face.
- Apis: -Swelling soft and puffy, rosy looking and tender.  
-Not thirsty.
- Pulsatilla: -Use Pulsatilla if mumps linger.  
-Patient weepy, whining, thirstless, craves open air.  
-Breasts swell in girls, testicles in boys.
- Bryonia: -Hard swelling with tenderness.  
-Slight motion is painful e.g. turning the head.  
-Child is irritable and dislikes being carried.  
-Lips dry and cracked, thirsty for cold water.

**RUBELLA**

- Aconite: -Sudden symptoms of fever, flushed face and restless.  
-Give on first day of symptoms.
- Belladonna: -Symptoms similar to Aconite.  
-Use Belladonna the day after Aconite.
- Ferr Phos: -Chilly with seats, wants head cool.  
-Soft, rapid pulse.
- Pulsatilla: -Weepy, wants company and sympathy.  
-Child feels better in open air.

**WHOOPING COUGH**

- Aconite: -Dry, hard, ringing cough.  
-Fever, thirsty, hot skin.  
-Rapid pulse, anxious.
- Belladonna: -Barking, repetitive cough.  
-Worse at night and when lying down.  
-Hot, red, dry skin.  
-Weeping, pains in stomach before coughing.  
-Feels head will burst.
- Coccus Cacti: -Worse at night when hot in bed.  
-Better in cool room without much covering.  
-Better with cold water.  
-Child holds breath to prevent coughing.
- Drosera: -Cough so violent can hardly get his breath.  
-On coughing vomits water, mucus, food.  
-Coughing produces pain in stomach, must press hand on pit of stomach when coughs.  
-Crawling in larynx provokes coughing, worse at night.
- Carbo Veg: -Cough hard and rough, often occurs after a full meal.  
-Pain in chest after cough, burning as from a coal of fire.  
-Coughing brings up lumps of phlegm.
- Kali Carb: -Convulsive, tickling cough at night.  
-Bag-like swellings of upper eye and puffy face.  
-Dry hard racking, hacking cough.

Homoeopathic remedies and First Aid Kits may be obtained from this address.

I recommend you attend your General Practitioner for routine inoculations as recommended by the Health Department.

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